



TCD SPECIALTY GROUP

A Division of Total Care Dental & Orthodontics
ortho | endo | pedo | os | perio

Sedation Instructions



***Please read these instructions carefully.
Following them is essential for your safety.***



Before Your Appointment

- Do not eat or drink anything for at least 8 hours before your appointment, unless instructed otherwise
- Take only medications approved by your provider with a small sip of water
- Wear comfortable, loose-fitting clothing
- Remove contact lenses, nail polish, and jewelry
- Arrange for a responsible adult to accompany you to your appointment



The Day of Your Procedure

- You must have a responsible adult present to drive you home
- Sedation will affect your alertness, coordination, and judgment
- Your procedure may be postponed if pre-sedation instructions are not followed



After Sedation

- You may feel drowsy, dizzy, or tired for several hours
- Rest for the remainder of the day
- Do not drive, operate machinery, or make important decisions for 24 hours
- Resume eating only as directed by your provider



Important

For your safety, you should not be left alone for the first 12–24 hours after sedation.

If you experience difficulty breathing, severe nausea, vomiting, or unusual symptoms, contact our office immediately.

Need help or have questions? We're here for you.

Please contact us promptly if you notice any of the following:

- Severe pain that does not improve
- Swelling that increases after **2–3 days**
- Fever or signs of infection
- A cracked, loose, or missing temporary restoration

Contact our office:  **866-TCD-0003**  www.tcdsg.com